

# How To Maintain Sanity & Productivity With Kids At Home, Bonus Q&A (Session 6)

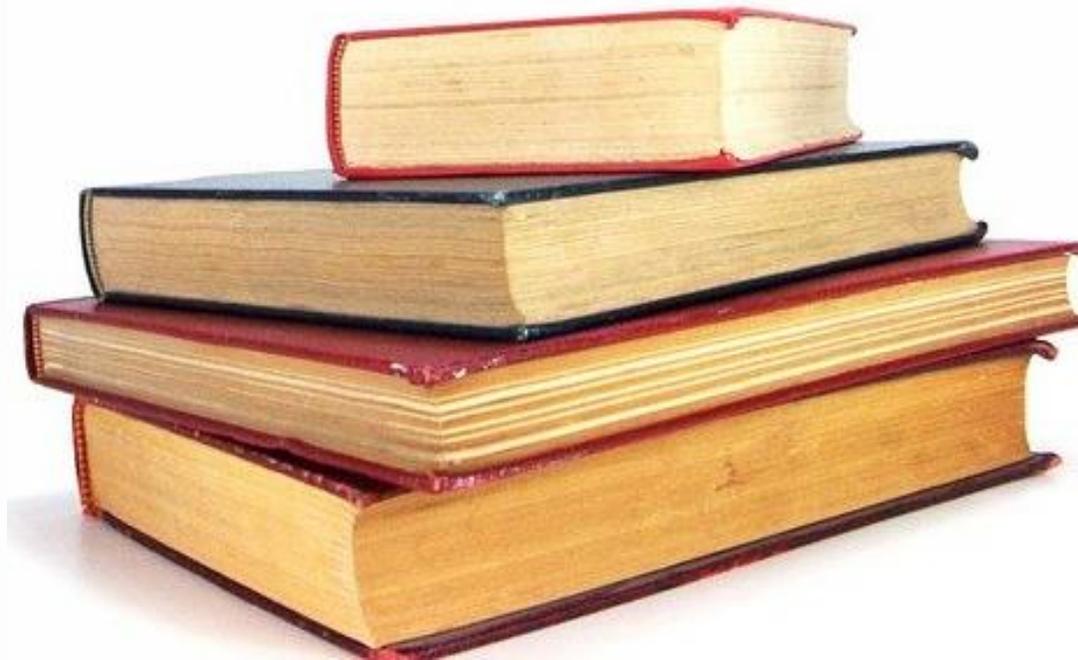


## Your host, Alison Meredith:

Alison Meredith taught High School Math in the 1990s, at Dobyns-Bennett and at schools in North Carolina and Massachusetts. She received a national award in 1997. Alison and her husband Tim have been home-educating their kids for 20 years; they have 7 kids ages 8-20.

Tim and Alison own Holston IT, a business which provides cybersecurity to other businesses throughout Southwest Virginia and the Tri-Cities.

Alison is a best-selling author. She and other IT leaders wrote **You Are the #1 Target**, to help business owners implement cybersecurity. She also has a Kindle book about protecting kids in digital communications.



# **Yesterday's Tips: Looking at The Big Picture**

- **Educating Kids: What's the Big Idea?**
- **In the Meredith Home on a “typical” day**
- **You Have Permission**

# Where to Find These and More Resources

All sessions of this webinar series are posted on the Holston IT website.

Videos, slide shows, and more resources you can download.

Simple link: Go to [www.holstonit.com/blog](http://www.holstonit.com/blog)

From there, find the article dated March 23, 2020

Direct link: <https://www.holstonit.com/2020/03/23/how-to-maintain-sanity-productivity-with-your-kids-at-home-1/>

You can contact me at [alison@holstonit.com](mailto:alison@holstonit.com)

# Bonus Q&A (Session 6)

1. **“Do your kids really only do school about 3 hours per day? How is that possible?”**
  - **“Is there a simple way to teach certain subjects with limited teacher-time?”**

**I’m going to answer these questions in the context of two subjects:**

- **Math**
- **English (Reading/Grammar/Writing/Vocabulary)**

## Educating Kids: What's the Big Idea?

**“Do your kids really only do school about 3 hours per day? How is that possible?”**

Yes, for kids who are about 12 and younger.  
Teenagers need a bit more time.

Stop and think: What's essential? Here's a good place to start: [https://www.triviumpursuit.com/articles/ten\\_to\\_do\\_before\\_ten.php](https://www.triviumpursuit.com/articles/ten_to_do_before_ten.php)

# Educating Kids: What's the Big Idea?

I want my kids to become  
Independent Learners.

I want them to love learning.

YOUR mindset is essential to reaching these goals for your kids.

# Math

**“What did you mean about hardly doing any Math before age 10?”**

[http://www.triviumpursuit.com/articles/research\\_on\\_teaching\\_math.php](http://www.triviumpursuit.com/articles/research_on_teaching_math.php)

# Teaching Math: Memorize the facts

<http://themathworksheetsite.com/>

Goal: can pass 5-minute drills in addition, subtraction, multiplication, division.

100 problems in 5 minutes.

Even my teenagers have to redo this test at least annually.

# Teaching Math: Play GAMES!

<https://store.rightstartmath.com/math-card-games-kit/>

Sumoku

Tangrams

# English: Read, read, read

**Read to them.**

**Get them to read aloud to you.**

**Have lots of DEARS time.**

# Teaching English: Great resources

First Language Lessons by Jessie Wise

Explode the Code workbook series by EPS

Easy Grammar series by W Phillips

Drawing Sentences by Eugene Moutoux

Vocabulary Vine by NP Hasseler

Word Roots series by Critical Thinking Company

# Resource for you: Booklist, Thoughts on Reading

For this resource, go to this link and use this password:

<https://www.holstonit.com/seasonofgiving/> Password: CSLewis7!

# Teaching English: Vocabulary Cards

Give your kids a stack of index cards

Require 1-3 cards per day

Two ways to do this:

- Each card is a root, with sample words
- Each card is a word, with a quote on the back

# What We Talked About Today (Session 6)

1. **“Do your kids really only do school about 3 hours per day? How is that possible?”**
  - **“Is there a simple way to teach certain subjects with limited teacher-time?”**

**I’m going to answer these questions in the context of two subjects:**

- **Math**
- **English (Reading/Grammar/Writing/Vocabulary)**